

Selvarajan Yesudian

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Selvarajan Yesudian

HATHA-YOGA

Selvarajan Yesudian je u našoj prvoj zajedničkoj knjizi „Sport i yoga“ izložio jednostavne klasične hatha-yoga vježbe koje je bez obzira na zdravstveno stanje ili dob s mnogo uspjeha i bez opasnosti mogao izvoditi, pa i ovdje na Zapadu, svatko

Selvarajan YESUDIAN Elisabeth HAICH - Makon

Selvarajan YESUDIAN & Elisabeth HAICH SPORT A JÓGA Přeloženo podle X vydání z roku 1960 Verlag: Eduard Fankhauser, Thielle, Neuchatel, Schweiz Do té doby vyšlo 315 000 výtisků v Maďarsku, Švýcarsku, NSR, Francii, Holandsku, Anglii, USA

Selvarajan Yesudian und ein halbes Jahrhundert ...

Selvarajan Yesudian und ein halbes Jahrhundert Yogageschichte in der Schweiz Reto Zbinden Nicht nur, dass es sich bei der Yoga Schule von Selvarajan Yesudian um die erste in der Schweiz handelte, sondern auch in anderer Hinsicht kann man sie als eine Schule der Superlative bezeichnen

Die sieben Prinzipien der Übungsweise Yesudian-Haich

548 Yoga Textbuch - Yoga Journal Verlag, CH-2613 Villeret - www.yoga-journal.ch Die sieben Prinzipien der Übungsweise Yesudian-Haich Christain Fuchs* Die besondere Übungsweise im Yoga, die Selvarajan Ye-sudian - in kongenialer Zusam-

Selvarajan YESUDIAN: Sebevýchova jógou

My wanderings done yet still alone, Home-ward bound I pace my days Toward the home gave me birth Naše práce na Západě Okolnosti jsou našimi nejlepšími přáteli v nouzi

SPORT - terebess.hu

Selvarajan Yesudian Haich Erzsébet SPORT ÉS JÓGA Az indiai származású Selvarajae híren Yesudias n művében a tökéletes egészség

megszerzésének és megőrzésének módszereit ismerteti, bizonyítva a hatha jóga testet-lelket egyaránt gyógyító erejét

Samoléčení, joga a osud

Selvarajan Yesudian PŘEDMLUVA Na konci minulého století přišel na Západ prostý indický mnich a měl mnoho přednášek o vedantské filozofii Indie a různých systémech jógy, které udělaly velký dojem na Ameriku, Anglii a další evropské země

E. F. Schumacher and Intermediate Technology

of teacher, Selvarajan Yesudian So significant was the effect of all these readings and activities that, by 1953, Schumacher could report to his wife that he was undergoing a reorientation in his "entire attitude to life"⁵ The third, and arguably most deep and long-lasting, influence upon Schumacher was his

Elisabeth Haich - Initiation [English, illustrated - proof...

SELVARAJAN YESUDIAN Zurich, April 1962 CONTENTS Author's Note page 7 Foreword 9 Introduction 15 1 Awakening 19 2 Lion and Light 27 3 My Parents are not 'My' Parents 30 4 Sunrise is Different 35 5 I want to get Away 39

Bibliography on Yoga

Yesudian, Selvarajan Yoga und schicksal : Yoga und Selbstheilung wie man ein yogi wird 18145 YES G2029 Zimmer, Heinrich Yoga und Buddhismus Indische Sphären 294345 ZIM

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James Rickards on Western Civilization: Financial ...

(Selvarajan Yesudian and Elisabeth Haich) [Reproduced from the book "Raja Yoga", by Selvarajan Yesudian and Elisabeth Haich, George Allen & Unwin Ltd, London, 1970, 161 pp, p 19] A New, Intercultural Website on Spirituality Today: Russian Faith [Click here to see the new website](#)

The Beginnings of Yoga in Germany Excerpts from a lecture ...

Indian teacher Mr Selvarajan Yesudian (1916-1998) in Switzerland During the summer semester, there was the Yoga summer school in Ponte Tresa / in Ticino on Lake Lugano During the winter semester Mr Yesudian taught in the Swiss cities My yoga teacher, Ingeborg Kurig, had

Yoga and the Thyroid Gland

Yesudian, Selvarajan Importance of the thyroid gland In Selvarajan Yesudian, A Yoga Miscellany London: George Allen & Unwin, 1963, pp 102-103 Yogabhakti, Ma, ed [Comments on the thyroid gland and youthfulness] In Ma Yogabhakti, ed, Yoga Discussed in Relation to Other Thoughts & a Dialogue on

61 50 STRONG YEARS

former yoga teacher, Selvarajan Yesudian: It was much easier for him He only had to move a few yoga mats Once at the new premises at Grüngasse

21 in Zürich, busi-ness really took off In 1967, exactly 50 years ago, I formed a one-man limited company The number of customers in-creased to more than 200 This was followed by the arrival

FAX Paar www.schorndorfer-nachrichten.de schorndorf ...

Yesudian Selvarajan Yesudian, Sohn eines christlichen indischen Arztes, kam im Jahre 1936 nach Europa, um Medizin zu studieren In Budapest lernte er Eli-sabeth Haich kennen und begann mit ihr, Vorträge und Kurse über Hatha-und Raja-Yoga zu halten Mit ihr zu-sammen schrieb er auch das Buch „Yoga und Sport“, das mittlerweile

[ZMQH] Einweihung von Elisabeth Haich #BE2W8PQAY0T ...

gezwungen, baute E Haich gemeinsam mit Selvarajan Yesudian in Zürich die Schule für Hatha-Yoga auf Zugleich entstand in Diano Marina, Italien, die Yoga-Sommer-Schule, die Anfang der 50er Jahre nach Ponte Tresa, Schweiz, verlegt wurde Beide Schulen existierten bis 1989, wo sie wegen des fortgeschrittenen Alters

When I approached, - Amazon Web Services

The Mountain Path Vol 14 No II, April 1977 EDITORIAL Unswerving Abidance as Awareness Absolute j^VERYONE in the world wants to be happy — at all times, in all places and under all conditions

meaning of auras and how to learn to see them and use them ...

Raja Yoga , Selvarajan Yesudian, Elisabeth Haich, 1980, Health & Fitness, 160 pages European Cases of the Reincarnation Type , Ian Stevenson, Oct 1, 2008, Body, Mind & Spirit, 270 pages Many cultures accept that a person may die and then come back to life in another form, but Westerners have traditionally rejected the idea